



### **Relief for Asthma Sufferers**

Scientists have come across a potential new treatment for delayed asthma attacks, which can often occur several hours after exposure to allergens. Researchers found that blocking sensory nerve functions stopped a late asthmatic response in mice and rats. These results have helped scientists to gain a greater understanding of asthma, especially as half of people with asthma experience delayed symptoms.

A late asthmatic response happens because allergens trigger sensory nerves in the airways. These nerves then set off a chain reaction which causes the airways to narrow. If these findings translate to humans, it will mean that drugs called anticholinergics could be used to treat asthma patients who suffer from delayed attacks.

Asthma attacks can often happen at night, three to eight hours after the sufferer comes into contact with allergens such as grass pollen or house-dust mites.

However, until these new findings are translated in humans there is something else that can be used that would greatly benefit asthma sufferers. Naturalmat has harboured the benefits of organic wool and used these to create a range of organic mattresses that are superbly comfortable, breathable anti-bed bug, and most importantly for asthma sufferers, offer protection from dust mites.

Synthetic mattresses often contain materials and chemicals that can aggravate allergies. However, using a mattress that contains natural resources ensures that allergic reactions are avoided and a healthier product overall is created.

Naturalmat mattresses are naturally hypoallergenic, due to the essential oils that their organic lambswool is bathed in. This proprietary mixture is made from extracts of lavender, lemon and eucalyptus and renders Naturalmat mattresses anti-bed bug and anti-dust mite.

As an extra benefit the outer cover of Naturalmat mattresses are removable and machine washable at 60°C. When the cover is washed at this temperature, any dust mites that may be present are killed.

Naturalmat sell several children's organic mattress varieties including the Coco Mat (prices from £120), Latex Mat (prices from £150) and Mohair Mat (prices from £185). A broad range of adult mattresses are also available from £825.

Naturalmat organic mattresses are just a few of the many products available to buy from this eco-friendly British company. Naturalmat mattresses can be bought from [www.naturalmat.co.uk](http://www.naturalmat.co.uk), and in their London store *99 Talbot Road W11 2AT*.  
*Tel: 020 7985 0474*

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**Notes to Editor:**

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**About The Naturalmat Company:**

The Naturalmat Company was founded in 2000 in Topsham in Devon, by Mark Tremlett and Peter Tindall, who as keen sailors both became frustrated with the poor quality of synthetic mattresses found on boats.

Mark and Peter decided to look for an alternative and found natural fibres to be a more superior substitute for boating. With their knowledge and expertise they quickly developed a business making mattresses for yachts and motor boats. With the arrival of Mark's first child, they quickly identified a need for a natural offering for babies.

With a mission to develop the perfect natural sleeping environment for babies and children, Mark and Peter set to work to create a range of pure natural fibre mattresses. After nine months, they were proud to launch the first range of natural baby mattresses.

The handmade range includes organic coir, natural latex and mohair mattresses from cribs through to children's beds. Each mattress provides parents with the peace of mind that babies will have a safe and restful night sleep on the highest quality natural fibres available today.

Naturalmat manufactures and distributes mattresses around the world from its base in Topsham, Devon.

**About Naturalmat Mattresses:**

Naturalmat mattresses can be bought to fit cots for new-borns as well as made for single and adult sized beds. Our mattresses offer great support and excellent breathability. Naturalmat mattresses are made from the best natural materials including organic coir, latex and lambswool. All mattresses are hypoallergenic, provide fantastic orthopaedic support, comply with all standards and are completely chemical free.